

# Assemble “Go Bag”

Evacuation does not always allow you the time to gather needed essentials. Plan ahead and place them in one or more easy-to-carry containers and keep in a Quick Grab location. Update your “Go Bag” every six months or as your needs change. Replace food, water, batteries and other perishable items with “first in, first out” practices.

## “Go Bag” Contents

3 Day Supply for each Family Member



- ✓ Water – One gallon per person, per day.
- ✓ Food – Dried or canned that does not require cooking.
- ✓ Utensils and Cups – As needed for food and water.
- ✓ Emergency Lighting – Glow Sticks, flashlight, headlamp and extra batteries.
- ✓ Medications – Non-prescription medications, list of Prescription Numbers and list of allergies.
- ✓ Visual Aids – Spare Eye Glasses or Contacts and solution.
- ✓ Whistle – To signal for help.
- ✓ Radio – Hand crank or include extra batteries.
- ✓ Multi-purpose tool – Several tools that fold up into a pocket-sized unit which includes a can opener.
- ✓ Dust Mask and Gloves – N95 Respirator Face Mask
- ✓ Sturdy Shoes
- ✓ Clothing – Change of clothes including undergarments. Consider warm and cold weather.
- ✓ Sanitation – Include Wet Wipes, toilet paper, garbage bags and twist ties.
- ✓ Personal Hygiene – Tooth brush/paste, hair brush.
- ✓ First Aid Kit – With First Aid Manual.
- ✓ Emergency Blanket
- ✓ Duct Tape, Cord and Zip Ties
- ✓ Pen & Paper
- ✓ Deck of Cards or Small Game – Entertainment for Children and Adults.
- ✓ Keys – Extra set.
- ✓ Cash – In small denominations.
- ✓ Personal Documents – Copies of Insurance policies, birth certificates, deed/lease to home.
- ✓ Identification – Copy of Health Insurance card and Driver’s License or identification card.
- ✓ Contact Information – Family and Friends.
- ✓ **Evacuation Plan & Maps – Includes completed Household Safety Plan & Evacuation Route Map.**
- ✓ Pet “Go Bag” – Food, water, bowl, plastic bags, litter, leash, medical and immunization records, medicine, current photo, transport carrier and names and phone numbers of your veterinary hospitals and animal shelters.

The following items should be added to the bag as time allows.

- ✓ Medications – Prescription.
- ✓ Cell Phone & Charger

For Additional Information go to: [redcross.org](http://redcross.org) and [72hours.org](http://72hours.org)